



**Winter Term 2  
January 6, 2025  
to  
March 30, 2025  
Brochure**

**[www.skatesaskatoon.com](http://www.skatesaskatoon.com)**

**Email: [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)**

Sanctioned by SKATE CANADA

**ACT Skating Centre  
107 – 105 Street East, Saskatoon, SK S7N 1Z2**



## **Skate Saskatoon Program Information**

### **CANSKATE GROUP LESSONS: Learn-to-skate Program – Age 3 and over**

- Working on CanSkate stages 1 -6. ***\*\*This is not an adult-tot program\*\****
- Classes highlighted in yellow on the schedule.
- Hockey or Figure Skates.
- Helmet information can be found [here](#) .
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth guards.
- Skate Saskatoon does not provide skates, guards, helmet, or mitts.
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended.

### **ADULT LEARN TO SKATE GROUP LESSONS:**

- Class on Sunday at 11:30am, highlighted in light yellow on the schedule.
- Hockey or Figure Skates.
- Helmet information can be found [here](#) .
- Skaters MUST have skate guards. Rubber or plastic skate guards are preferred rather than cloth guards.
- Skate Saskatoon does not provide skates, guards, helmet, or mitts.

### **POWER SKATING GROUP LESSONS:**

- **U9 and U11 hockey players; U10 and U12 ringette players**
- Must skate in hockey skates.
- Must have a stick, gloves, helmet and hockey face mask.
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.).
- Must be registered for U9/U11 hockey or U10/U12 ringette for the 2024/2025 year.
- Must have played at least one year of organized hockey/ringette.
- ***\*\*This is not a learn to skate program\*\****



## Figure Skating Training Program - Group Packages

- **Recommended for optimal skater development.**
- **Skater level is based on level at the start of Term 2 - January 6 2025.**
  - **For questions email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com)**

### ***JUNIOR PREP GROUP PROGRAM*** (previously referred to as Advanced PreSTAR):

- Working on CanSkate stages 4-6.
- Helmet information can be found [here](#) .
- Must skate in figure skates.
- Package includes 3 Group Instructed classes – two on ice and one off ice highlighted in dark orange on the on ice and off ice schedules on Pages 13 and 14 of this brochure. For the on ice classes the skater should register for the package with their preference of the two on ice classes, space permitting.
- The on ice classes are available for separate registration:
  - If skaters registered for the package want to participate in the other on ice class or if the package doesn't work for a skater.
- Must have a coach recommendation and coordinator approval to advance from CanSkate into Junior Prep.
- **Receive a 50% discount on Winter Term 2 options purchased, including drop in registrations or coach bookable ice.**

### ***JUNIOR EXCEL GROUP PROGRAM*** (previously referred to as Supernovas):

- The Junior Excel Figure Skating Group Program is designed specifically for talented young skaters eager to elevate their skills and artistry on the ice. Participants will learn from experienced coaches who specialize in developing young athletes, focusing on advanced techniques such as jumps, spins, and footwork tailored for their age group. Our supportive environment not only boosts confidence and discipline but also encourages teamwork. With smaller class sizes, each skater receives personalized attention and a tailored experience, ensuring they get the most out of their training. We pride ourselves on fostering a positive and encouraging atmosphere that nurtures a love for the sport, all while providing access to state-of-the-art facilities for optimal training. Join us and watch your child shine on the ice!
- Program Registration requires permission from Director of Skating:
  - If interested contact Director of Skating Natasha Taylor at [directorofskating@skatesaskatoon.com](mailto:directorofskating@skatesaskatoon.com).
- Package includes 4 Group Instructed classes – two on ice and two off ice – and 1 Freeski session (Option 100). Sessions highlighted in pink on the on ice and off ice schedules on Pages 13 and 14 of this brochure. The Freeski time does not include instruction. Private lessons can be arranged by a skater at an additional cost. For information on the process email: [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com).



- Skaters can change from the default Freeskate session to any Figure Skating Open or All Levels session (on any day) at no cost until the end of the day January 20th, after this an administration fee will apply. The change is for the season.
- Skate Saskatoon Coaches can “flex” a skater to any Figure Skating Open or All levels session within the same week to accommodate lessons.
- **Receive a 50% discount on additional Winter Term 2 options purchased, including drop in registrations or coach bookable ice.**

### **INTERMEDIATE**

- **Skaters working on STAR 1-5; completed Stage 6 CanSkate**
- Includes Weekly:
  - 2 Freeskate sessions
    - Default sessions are options 50 and 101
      - Skaters can change from the default sessions to any Figure Skating Open or All levels session (on any day) at no cost until the end of the day January 20th, after this an administration fee will apply. The change is for the season.
  - Includes on ice and off ice Group instruction as shown on the schedules on Pages 13 and 14 of this brochure (On Ice classes are Intermediate Tuesday and Saturday; Off ice classes are Intermediate Monday and Wednesday).
    - **New:** Skaters can change their Monday 7 pm Jumps class to the Thursday 5:40 pm Yoga class STAR 3 & higher (Must have passed STAR 3 Freeskate both parts), at no cost until the end of the day January 20<sup>th</sup>. After this an administration fee will apply. The change is for the season.
  - The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

#### Additional Benefits of Intermediate Package:

- **Receive a 50% discount on additional Winter Term 2 options purchased, including drop in registrations or coach bookable ice.**
- Skate Saskatoon Coaches can “flex” a skater onto any Figure Skating Open or All Levels sessions within the same week to accommodate lessons.

### **SENIOR**

- **Pre-Juv to Juv Competitive Skaters, STAR 6+ (passed STAR 5 Freeskate both parts)**
- Includes Weekly:
  - 4 Freeskate sessions
    - Default sessions are options 12, 30, 48 and 66
      - Skaters can change from the default session to any regular session on the same day, with exception of an option included with a package, at no cost until the end of the day January 20th. After this an administration fee will apply. The change is for the season.



- Includes on ice and off ice group instruction as shown on the schedules on Pages 13 and 14 of this brochure (description of Senior or Elite/Senior).
  - **New:** Skaters can change their Friday 6:15 pm Jumps and Fitness class to the Monday 6:15 pm Jumps class STAR 6 and higher, or the Thursday 5:40 pm Yoga class STAR 3 and higher, at no cost until the end of the day January 20<sup>th</sup>. After this an administration fee will apply. The change is for the season.
- The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

#### Additional Benefits of Senior Package:

- Senior skaters can purchase Elite/Sr. options individually.
- Option 83 is available for separate registration.
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters registered for the package.
- **Receive a 50% discount on additional Winter Term 2 options purchased, including drop in registrations or coach bookable ice.**
- Skate Saskatoon Coaches can “flex” a skater onto any regular session, with exception of an option included with a package, within the same day to accommodate lessons.

## **ELITE**

- **Pre-Novice to Senior Competitive Skaters**
- Includes Weekly:
  - 4 Freeskate sessions
    - Default sessions are options 11, 29, 47 and 65
      - Skaters can change from the default session to any regular session on the same day, with exception of an option included with a package, at no cost until the end of the day January 20<sup>th</sup>. After this an administration fee will apply. The change is for the season.
  - Includes on ice and off ice group instruction as shown on the schedules on Pages 13 and 14 of this brochure (description of Elite or Elite/Senior).
    - **New:** Skaters can change their Tuesday 5:30 pm Jumps and Fitness class to the Monday 6:15 pm Jumps class STAR 6 and higher, or the Thursday 5:40 pm Yoga class STAR 3 and higher, at no cost until the end of the day January 20<sup>th</sup>. After this an administration fee will apply. The change is for the season.
  - The registered times are also presented when you are logged into your member account and select calendar under the participant profile.

#### Additional Benefits of Elite Package:

- Elite skaters can purchase Sr./Elite options individually.
- Option 83 is available for separate registration.
- Elite/Sr. and Sr./Elite options are **ONLY** available to Elite or Senior skaters registered for the package.



- Receive a 50% discount on additional Winter Term 2 options purchased, including drop in registrations or coach bookable ice.
- Skate Saskatoon Coaches can “flex” a skater onto any regular session, with exception of an option included with a package, within the same day to accommodate lessons.

### **SYNCHRO:**

- Receive a 50% discount on Winter Term 2 options purchased, including drop in registrations or coach bookable ice. In order to receive the discount at source, register for Synchro Term 2, which has \$0 cost. The team registration included both Terms 1 and 2.
- For Synchro skaters who were eligible for an included option and made their selection in Term 1 based on the required criteria, the Term 2 registration for that option will be completed by the office ahead of Term 2 commencement.

### **GROUP STROKING:**

- Available on Saturdays at 9 am (STAR 4+) for seasonal registration outside of the skating packages.
- Group Sessions focus on: skating skills, edges, turns, speed, spins, power, endurance, musical interpretation.

### **OFF ICE:**

- The below off ice classes are available for separate registration, both for the season and drop-in:
  - o Jumps STAR 6 and up
    - Monday 6:15 – 7:00 pm
    - Must have passed STAR 5 Freeskate both parts
  - o Jumps STAR 1 – 5
    - Monday 7:00 – 7:30 pm
    - Included with the Intermediate package
  - o Yoga STAR 3 and up
    - Thursdays 5:40 – 6:25 pm
    - Must have passed STAR 3 Freeskate both parts
  - o Acro and Flexibility
    - Saturdays 2:00 – 2:45 pm
    - Classes at Channel Performance beside ACT
      - 119 105 Street East
      - No class on Saturday February 15
    - Open to all figure skating levels



### **ADULT PROGRAM:**

- Coach supervised but not coach instructed.
- Program on Saturdays at 6:15pm.
- Hockey or figure skates.
- **Available for drop in registration – adults only.**

### **OPTIONS:**

- Weekly designated ice time.
- See the ice, registration and attendance rules for important information.
- The seasonal option price is based on the number of sessions multiplied by the per session rate.
- Ensure to verify the dates by checking the calendar tab under your member account.
- Does not include coaching.
- For the process to arrange private lessons email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com).

### **Drop In Sessions**

To register for a drop-in session, follow the instructions below:

1. Log into your Skate Saskatoon account.
2. On the Registration Tab click on “Calendar View”.
3. Click on the name of the session you wish to purchase and select register. Any sessions that are available for drop-in will include drop-in as a selection.
4. Select drop-in, the participant from the drop-down menu and date(s) desired to drop in. **There is no swapping of drop-in registrations for different dates.**
5. Click “ADD” to add the drop-in purchases to your cart.
6. Most options, the off ice classes available for separate registration and the Saturday Adult Program are available for drop-in registration.

#### **Notes:**

- Skaters must have the 24-25 Skate Canada membership. If this is not already in place it will be automatically added at checkout. See the pricing section for further information.
- Skaters must be at the appropriate level for the session they are buying.
- Must be purchased prior to skating.

### **15-Minute Lesson Ice Tickets**

- Must be in a private lesson to use this ticket – private coaching fees not included.
- Must have a current season registration in group lessons.
- 15-minute tickets must be purchased prior to use/skating session.
- Coach, date, and option number are required to be completed in order to finalize the purchase.
- Maximum TWO tickets per day.



- Only valid on Figure Skating Open or All Levels Options. Not valid on Coach Bookable Ice.
- Only valid for skaters below STAR 3.
- Tickets expire at the end of the current season.

### **Coach Bookable Ice:**

- Ice time that must be booked by a Skate Canada Coach with Skate Saskatoon a minimum of 48 hours in advance: Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com).
- The coach must be in attendance for the entire session.
- Skaters will be invoiced at the Drop-In rate for ice used. Payment must be made ahead of the session.
- **Once the session has been set up in the system it is non-refundable and it cannot be exchanged for a different time.**

### **All Sessions are BYOC: “Bring Your Own Coach”**

- Must be Skate Canada Accredited Coach in good standing.
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon Winter Term 2 sessions in person or virtually. Email [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) a minimum of 48 hours in advance. Failure to do so may result in revoking permission to coach on Skate Saskatoon sessions.
- The permission is for the season only.





**Pricing:**

- All skaters are required to have an active Skate Canada Membership, which is valid for one year from Sept. 1, 2024 – Aug. 31 2025 at a cost of \$58.65.
- Option Discount Structure for skaters who are choosing not to participate in the group packages, NOTE: Group packages are more cost effective.:
  - NOTE: **This discount WILL NOT apply upon checkout**, contact [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) prior to **February 28 2025** regarding the seasonal option discount and a refund for the discount will be refunded to your card or set up as a credit on your member account, based on your stated preference. Requests after February 28 2025 will not result in a refund or credit.
  - **New:** Drop in Registration and Coach Bookable Ice Discount. This discount eligibility is based on the number of seasonal options purchased. For the drop in registration and coach bookable ice discount contact [office@skatesaskatoon.com](mailto:office@skatesaskatoon.com) prior to **SEASON END**. The drop in registration and coach bookable ice discounts will be handled within two weeks after the end of the season. It will be refunded to your card or set up as a credit on your member account, based on your stated preference. Requests after season end will not result in a refund or credit.

Number of Seasonal Options Purchased to qualify for the discounts displayed in column 2 or 3	Seasonal Option Discount	Drop in Registration and Coach Bookable Ice Discount
1	0%	0%
2	20%	20%
3-4	30%	30%
5-7	35%	35%
8-9	40%	40%
10	50%	50%

- All program fees listed do not include the Skate Canada fee or applicable taxes.
- There are no pricing prorations.
- There is a \$30 +GST administration fee for any changes to registered skating times. This fee is waived for any requests made until the end of the day January 20th.



Program	Details	Cost
CanSkate Group Lessons - Monday, Tuesday, Thursday (11 sessions)	<ul style="list-style-type: none"> <li>• See Page 2</li> </ul>	\$225
CanSkate Group Lessons – Saturdays and Sundays (10 sessions)	<ul style="list-style-type: none"> <li>• See Page 2</li> </ul>	\$205
Adult Learn to Skate Group Lessons (10 sessions)	<ul style="list-style-type: none"> <li>• See Page 2</li> </ul>	\$205
Power Skating	<ul style="list-style-type: none"> <li>• See Page 2</li> </ul>	\$230
Junior Prep Group Program	<ul style="list-style-type: none"> <li>• See Page 3</li> <li>• <b>This is the price for the package</b></li> <li>• <b>The on-ice classes are available for separate registration priced as follows:</b> <ul style="list-style-type: none"> <li>○ <b>\$230 for Monday or Wednesday class (11 sessions)</b></li> <li>○ <b>\$210 for Saturday class (10 sessions)</b></li> </ul> </li> </ul>	\$450
Junior Excel Group Program	<ul style="list-style-type: none"> <li>• See Pages 3 and 4</li> </ul>	\$560
Intermediate Package	<ul style="list-style-type: none"> <li>• See Page 4</li> </ul>	\$560
Senior Package	<ul style="list-style-type: none"> <li>• See Pages 4 and 5</li> </ul>	\$725
Elite Package	<ul style="list-style-type: none"> <li>• See Pages 5 and 6</li> </ul>	\$850
Group Stroking <ul style="list-style-type: none"> <li>• STAR 4+</li> </ul>	<ul style="list-style-type: none"> <li>• See Page 6</li> </ul>	\$155
Off Ice Classes <ul style="list-style-type: none"> <li>• ACT Hall Only</li> </ul>	<ul style="list-style-type: none"> <li>• See Page 6</li> <li>• <b>Exception: Monday 7:00 – 7:30 pm priced at \$10 per session; Drop in registration \$15 per session</b></li> </ul>	\$15 per session Drop in registration \$20 (per session)
Acro and Flexibility <ul style="list-style-type: none"> <li>• Channel Performance, beside ACT</li> <li>• 119 105 Street East</li> </ul>	<ul style="list-style-type: none"> <li>• See Page 6</li> <li>• 10 sessions <ul style="list-style-type: none"> <li>○ No session February 15</li> </ul> </li> </ul>	\$180 Drop in registration \$23 (per session)



Adult Program (10 sessions)	<ul style="list-style-type: none"> <li>• See Page 7</li> </ul>	<p>\$145</p> <p>Drop in registration \$20 (per session)</p>
Options	<ul style="list-style-type: none"> <li>• See Page 7</li> <li>• <b>Exception: Option 83 and Option 84 (1 hour duration) priced at \$16 per session; Drop in Registration \$21 per session</b></li> </ul>	\$12 (per session)
Drop In Sessions	<ul style="list-style-type: none"> <li>• See Page 7</li> </ul>	\$17 (per session)
15-Minute Lesson Ice Tickets	<ul style="list-style-type: none"> <li>• See Pages 7 and 8</li> </ul>	\$5 (per ticket)
Coach Bookable Ice	<ul style="list-style-type: none"> <li>• See Page 8</li> </ul>	\$17 (per session)
Lockers	<ul style="list-style-type: none"> <li>• Subscription effective until June 30 2025</li> </ul>	\$25

### Ice, Registration and Attendance Rules

- Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in CanSkate group lessons in the current season to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
  - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group).
  - Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3.
    - \*Hockey sticks are not allowed on All Levels sessions.** Skaters are not eligible for 15-minute lesson ice tickets unless the skater is also registered in a Skate Saskatoon Group Program.
- Skaters are not permitted on sessions out of their level range:
  - Level is based on FREESKATE LEVEL PASSED (both parts when applicable)
- \*Parents are not allowed in the ice area or off ice room unless it is for a special event.** Parents are not allowed to provide instruction to a skater from the viewing gallery. Interrupting focus during a moving session is considered dangerous.
- Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
- Regarding session music rules, if a solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
- Right away on the ice
  - Run through soloist with music playing
  - Private lessons



7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
8. No standing or socializing on the ice.
9. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
10. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
11. No swapping or exchanging sessions, with exception of what is specified with the group package information.
12. All Levels, CanSkate and Adult sessions: Hockey or Figure skates
  - All other sessions require figure skates.
13. \* Private Group lessons
  - Skate Saskatoon coaches are to use their discretion. The Director of Skating will request modification if the number of skaters in a private lesson is disruptive.
  - Maximum of 2 skaters per coach, non-club coaches
14. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance team).
15. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.
16. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
17. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
18. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
19. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make up sessions are provided.
20. For CanSkate, Junior Prep and Junior Excel group lessons, parents/guardians or designated supervising adults are responsible for their child(ren) at all times when they are not in the lesson, including before and after their scheduled group lesson. Parents/guardians or designated supervising adults must remain at the skating facility during the group lesson.
21. Skate Saskatoon welcomes children spectators to build interest in the sport. Children spectators must be supervised at all times.

### **Important Dates:**

- **Saturday January 25 and Sunday January 26 - Seminar**
- **Saturday March 1 – No CanSkate classes**
- **Saturday March 1 – No Junior Prep class**
- **Sunday March 2 – No Adult Learn to Skate**
- **Sunday March 2 – No CanSkate classes**
- **Ice Show Sunday March 30**
  - See Page 15 for additional information
- **Assessment day – date to be announced**



Schedule is subject to change		SKATE SASKATOON SCHEDULE Winter Term 2 2024-2025 - ON ICE January 6 - March 30 2025					
Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00		Intermediate	Senior	Elite	Option 72		
7:15		Stroking	Stroking	Stroking	All Levels		
7:30		7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45		
7:45	Ice not available (maintenance)	Option 19	Option 37	Option 55	Option 73		
8:00		Figure Skating Open	Figure Skating Open	Figure Skating Open	All Levels		
8:15		7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	7:45 - 8:30	Option 92	Option 110
8:30		Option 20	Option 38	Option 56	Option 74	All Levels	All Levels
8:45		All Levels	All Levels	All Levels	All Levels	8:15 - 9:00	8:15 - 9:00
9:00		8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	8:30 - 9:15	STAR 4+	Option 111
9:15		Option 21	Option 39	Option 57	Option 75	Stroking	All Levels
9:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	9:00 - 9:45	9:00 - 9:45
9:45		9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	<b>FLOOD</b>	<b>FLOOD</b>
10:00		<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	CanSkate #5	Option 112
10:15		Option 22	Option 40	Option 58	Option 76	Hockey or Figure Skates	All Levels
10:30		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	10:00 - 10:45	10:00 - 10:45
10:45		10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	10:15 - 11:00	CanSkate #6	Option 113
11:00		Option 23	Option 41	Option 59	Option 77	Hockey or Figure Skates	All Levels
11:15		Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	10:45 - 11:30	10:45 - 11:30
11:30	<b>FLOOD</b>	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	Junior Prep	Adult Learn to Skate #1
11:45	Option 6	Option 24	Option 42	Option 60	Option 78	Group Lessons	Hockey or Figure Skates
12:00	Coach Bookable Ice	Coach Bookable Ice	All Levels	Coach Bookable Ice	Coach Bookable Ice	#3 11:30 - 12:15	11:30 - 12:15
12:15	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	<b>FLOOD</b>	<b>FLOOD</b>
12:30	Option 7	Option 25	Option 43	Option 61	Option 79	Option 97	CanSkate #7
12:45	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	Hockey or Figure Skates
1:00	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15	12:30 - 1:15
1:15	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	Option 98	CanSkate #8
1:30	Option 8	Option 26	Option 44	Option 62	Option 80	Figure Skating Open	Hockey or Figure Skates
1:45	Figure Skating Open	Coach Bookable Ice	Coach Bookable Ice	Figure Skating Open	Figure Skating Open	1:15 - 2:00	1:15 - 2:00
2:00	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	1:30 - 2:15	Option 99	Option 117
2:15	Option 9	Option 27	Option 45	Option 63	Option 81	Figure Skating Open	All Levels
2:30	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	2:00 - 2:45	2:00 - 2:45
2:45	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	2:15 - 3:00	<b>FLOOD</b>	<b>FLOOD</b>
3:00	Option 10	Option 28	Option 46	Option 64	Option 82	Option 100	Option 118
3:15	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	STAR 3 - Gold	Junior Excel/Figure Skating Open	All Levels
3:30	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45
3:45	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	<b>FLOOD</b>	Option 101	Option 119
4:00	Option 11	Option 29	Elite Stroking	Option 65	Option 83	Intermediate	All Levels
4:15	Elite/Senior Freeskate	Elite/Senior Freeskate	4:00 - 4:30	Elite/Senior Freeskate	Elite/Senior Freeskate	3:45 - 4:30	3:45 - 4:30
4:30	4:00 - 4:45	4:00 - 4:45	Option 47	4:00 - 4:45	4:00-5:00	Intermediate	Group
4:45	Option 12	Option 30	Elite/Senior Freeskate	Option 66		4:30 - 5:15	Power Skating #2
5:00	Senior/Elite Freeskate	Senior/Elite Freeskate	4:30 - 5:15	Senior/Elite Freeskate	Option 84	<b>FLOOD</b>	<b>FLOOD</b>
5:15	4:45 - 5:30	4:45 - 5:30	Option 48	4:45 - 5:30	Figure Skating Open	Group	Synchro
5:30	Senior Stroking	Junior Excel Group Program	Senior/Elite Freeskate	Junior Excel Group Program	5:00-6:00	Power Skating #1	STAR 5
5:45	5:30 - 6:00	Option 31 Figure Skating Open	5:15 - 6:00	Option 67 Figure Skating Open		5:30 - 6:15	5:30 - 6:15
6:00	<b>FLOOD</b>	5:30 - 6:15	<b>FLOOD</b>	5:30 - 6:15	Option 85	ADULT	Synchro
6:15	CanSkate #1	<b>FLOOD</b>	Option 50	<b>FLOOD</b>	Figure Skating Open	6:00-6:45	6:15 - 7:00
6:30	Hockey or Figure Skates	CanSkate #2	Intermediate	CanSkate #4		Program	STAR 8
6:45	6:15 - 7:00	Hockey or Figure Skates	6:15 - 7:00	Hockey or Figure Skates	<b>FLOOD</b>	6:15 - 7:00	6:15 - 7:00
7:00	Junior Prep	6:30 - 7:15	Junior Prep	6:30 - 7:15	Synchro	<b>FLOOD</b>	Synchro Stroking
7:15	Group Lessons	CanSkate #3	Group Lessons	Option 69	STAR 3/4	Club Specific	LM 2: 7:00 - 7:30
7:30	#1 7:00 - 7:45	Hockey or Figure Skates	#2 7:00 - 7:45	Figure Skating Open	7:00 - 7:45	Programming	<b>FLOOD</b>
7:45	Option 15	7:15 - 8:00	<b>FLOOD</b>	7:15 - 8:00	Synchro Stroking	7:15 - 8:30	
8:00	Jr. Prep or Jr. Excel to Star 6	Option 34	Option 51	Option 70	LM 1: 7:45 - 8:15		Synchro
8:15	7:45 - 8:30	Figure Skating Open	Figure Skating Open	Figure Skating Open	Synchro		Open
8:30	<b>FLOOD</b>	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	STAR 5		7:45 - 9:15
8:45	Option 16	<b>FLOOD</b>	Option 52	<b>FLOOD</b>	8:15 - 9:00		
9:00	All Levels	Synchro	All levels		<b>FLOOD</b>		
9:15	8:45 - 9:30	STAR 8	8:45 - 9:30	Synchro	Synchro		
9:30	Option 17	9:00 - 9:45	Option 53	Adult II	STAR 8		
9:45	All Levels	Synchro	All levels	9:00 - 10:30	9:15 - 10:15		
10:00	9:30 - 10:15	Open	9:30 - 10:15				
10:15		9:45 - 10:45			Option 91		
10:30					All Levels		
10:45					10:15 - 11:00		



Schedule is subject to change		SKATE SASKATOON SCHEDULE Winter 24-25 T2- OFF ICE ACT Hall January 6 - March 30 2025			
Times PM	Monday	Tuesday	Wednesday	Thursday	Friday
5:00					
5:15					
5:30	Jumps STAR 6 and up	Jumps and Fitness Elite Package			
5:45	6:15 - 7:00	5:30 - 6:15		Yoga STAR 3 and up	
6:00				5:40 - 6:25	
6:15	Off Ice Junior Prep		Dance and Flexibility Elite/Senior Packages	Off Ice Junior Excel	Jumps and Fitness Senior Package
6:30	6:15 - 6:45	Off Ice Junior Excel	6:15 - 7:00	6:30 - 7:00 PM	6:15 - 7:00
6:45		6:30 - 7:00			
7:00	Jumps Interm Pkg & STAR 1 -5				
7:15	7:00 - 7:30		Dance and Flexibility Intermediate Package		
7:30			7:15 - 8:00		
7:45					
8:00					

In addition to the above classes being held at ACT, there are Acro and Flexibility classes, open to all figure skating levels, on Saturdays at 2:00 – 2:45 pm at Channel Performance’s studio. See Page 6.



# Skate Saskatoon Ice Show March 30, 2025

As a participant in Winter Term 2 at Skate Saskatoon, we invite you to join our year end ice show showcasing skaters from all levels who choose to participate. If you are new to our club or have a younger skater, this event is a great opportunity to see what figure skating all is about and what you/your child might aspire to in their skating career someday.

**What is an ice show?** It is a great way to show off all your hard work and the new skating skills you have developed this skating season. The show will consist of a number of Solo skaters, Synchro teams and group acts. All skaters are invited to join a group, and some will be asked to perform a solo. Groups are determined with skaters who have similar skills and skating tests completed and skate to a routine developed by one of our fabulous coaches!

**Time Commitment:** Depending on your level and group, expect 2-4 practices during the week prior to Ice show (March 24-28) a dress rehearsal with professional photo opportunity on March 29, and the big day on March 30 takes place from around 12 pm (early arrival of skaters) – 4pm when their routine is performed for family and friends who attend in the audience!

**PRACTICES at ACT:** Held the week of March 24-28, 2025, exact times to be determined.

**DRESS REHEARSAL at ACT:** Saturday, March 29<sup>th</sup>!

**ICE SHOW at MERLIS BELSHER PLACE:** Sunday March 30<sup>th</sup> 1-4pm

**Volunteers:** Soon we will begin looking for a variety of volunteer positions. This may include coordination and planning, Group Parent, set up and take down, and a variety of others roles... we've got something for everyone!

**Stay tuned...** A follow up email and Ice Show site will be coming soon with additional information on registration, skater selection, and volunteer opportunities.

We are so excited to show off our Skate Saskatoon Skaters!  
Cassandra Morari, Skate Saskatoon Ice Show Chair.