



Skate Saskatoon  
Policies and Procedures

Created October 1, 2012  
Amended and Accepted November 7, 2013

## **POLICY STATEMENT: Helmet Use**

### **Purpose:**

To provide specific guidelines regarding helmet use during Skate Saskatoon Skating programs  
To provide guidelines on the specific type of helmet that must be worn

### **Policy Statement:**

All skaters who are working on Stage 4 in the CanSkate Program and lower must wear a CSA approved hockey helmet. Skaters who have achieved Stage 5 and higher may choose to wear a CSA approved Hockey Helmet at their own discretion.  
The Helmet should meet safety standards set by the Canadian Standards Association (CSA) and have a sticker with the date

### **Details:**

Hockey helmets should be approved by the CSA  
Bicycle helmets are not acceptable as they are not designed for impacts related to falling on the ice  
The helmet should fit snug to prevent shifting with the rim one fingers width above the eyebrow  
Chin strap should be present and fastened while skater is on the ice  
Face masks are not mandatory  
It is recommended that the helmet be less than 5 years old , not have been subjected to a major impact or show visible signs of damage  
Stage 5 CanSkate is chosen as this is the level at which skaters should have developed good control and balance and be able to reliably stop and maneuver obstacles.  
Helmet use in adults participating in Skate Saskatoon's learn to skate programs and fun events with skills below the Stage 5 CanSkate is encouraged.  
Additional stickers are not allowed on helmets as it voids the warranty on the helmet affecting insurance.

### **Responsibility:**

#### **Coaches:**

Coaches are responsible for enforcing the wearing of CSA Hockey helmets by all skaters below level 5 in the CanSkate program  
Coaches must escort all skaters not complying with this policy off the ice

#### **Exceptions:**

There will be no exceptions to this policy.

This policy is based on Skate Canada's current policy.