



www.skatesaskatoon.com

SUMMER SCHOOL

July 2 – August 30 2024

(9 exciting weeks)

Week 1 Tuesday July 2 – Friday July 5

Email: office@skatesaskatoon.com

Sanctioned by SKATE CANADA

ACT Skating Centre

107 – 105 Street East, Saskatoon, SK S7N 1Z2



Total Figure Skating Training Packages

- Elite, Senior and Intermediate groups
- Designed to enhance performance and accelerate improvement
- Package eligibility is as follows:
 - Elite: Novice to Senior Competitive Skaters
 - Senior: Pre-Juvenile to Pre-Novice Competitive Skaters, STAR 5+ (passed STAR 4 FreeSkate both parts)
 - Intermediate: Skaters working on STAR 1- 4; completed Stage 6 CanSkate
 - Elite and Senior Packages
 - ✚ Includes **Daily**:
 - Guided warmup
 - 1 Off-Ice Instructed Class (Jumps/Spins/Ballet/Hip Hop etc.)
 - 1 On-Ice Instructed Class
 - 2 Freeskate sessions
 - Lessons arranged and invoiced with coaches privately.
 - ✚ Elite Package: 8:00am – 1:00pm
 - ✚ Senior Package: 9:30am – 1:45pm
 - Intermediate Package
 - ✚ Includes **Daily**:
 - 1 Off-Ice Instructed Class (Jumps/Spins/Ballet/Hip Hop etc.)
 - 1 On-Ice Instructed Class
 - 1 Freeskate session
 - Lessons arranged and invoiced with coaches privately.
 - ✚ Intermediate Package: 1:00pm – 3:15pm
 - Flex Program. This would allow a program coach to flex a skater from an Elite/Senior/Intermediate Freeskate onto the Elite/Senior/Intermediate Flex session on the same day to facilitate lessons. The flex option is not in addition, but instead of a group program option on that day. The Elite/Senior/Intermediate Flex session is not available for registration. The program coach would initiate the flex. The Elite/Senior/Intermediate session is highlighted in red on the schedule.
 - Additional Benefits of a Group Package:
 - ✚ Receive a 50% discount on additional weekly summer options purchased, including drop in registrations (for summer only), in the same week as a package registration
 - ✚ Packages are much better value than buying individual sessions



IMPORTANT INFORMATION:

[Helmet Use Policy - Information for Clubs, Coaches and Parents](#)

SUPERNOVAS:

- Program Registration requires permission
- If interested email directorofskating@skatesaskatoon.com
- Targeted at younger skaters who want to pursue excellence in Figure Skating
- For helmet information – see link above
- **Does not run in Week 1**
- **Weeks 2 – 9 Monday - Thursday**

ADVANCED PRESTAR GROUP LESSONS:

- Working on CanSkate stages 4-6
- For helmet information – see link above
- Must skate in figure skates
- Must have a coach recommendation and coordinator approval to move from CanSkate into Advanced
- **Does not run in Week 1**
- **Weeks 2 – 9 Monday - Thursday**

CANSKATE GROUP LESSONS:

- **Learn-to-skate Program – Age 3 and over – this is not an adult-tot program**
- Hockey or Figure Skates
- For helmet information – see link above
- Working on CanSkate stages 1-6
- Skaters **MUST** have skate guards. Rubber or plastic skate guards are preferred rather than cloth
- Skate Saskatoon does not provide skates, guards, helmet, or mitts
- For the younger skaters, gloves or mitts and a metal cage facemask is recommended
- **Does not run in Week 1**
- **Weeks 2 – 9 Monday - Thursday**

CanSkate, Advanced PreSTAR and Supernovas Group Lessons:

- **Separate Registration, Separate Programming but shared ice time**



GROUP POWER SKATING LESSONS:

- **U9 and U11 hockey players, U10 and U12 ringette players**
- Must skate in hockey skates
- Must have a stick, gloves, helmet and mask
- Other types of equipment are optional (elbow pads, shin pads, shoulder pads, pants etc.)
- Participants have to be born in 2017 or prior
- Must be registered for U9/U11 hockey or U10/U12 ringette for the 2024/2025 year
- Must have played at least one year of organized hockey/ringette
- ****This is not a learn to skate program****
- **Weeks 8 & 9 – Monday - Thursday**

All Summer sessions are BYOC: “Bring Your Own Coach”

- Must be Skate Canada Accredited Coach in good standing
- Non-Skate Saskatoon coaches must get permission from Skate Saskatoon Executive to coach on Skate Saskatoon summer sessions. Email office@skatesaskatoon.com a minimum of 48 hours in advance. [Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.](#)



Pricing:

- All skaters are required to have an 23-24 Skate Canada Membership.
 - The effective period for the 23-24 Skate Canada membership is Sept. 1, 2023 – Aug. 31 2024 at a cost of \$58.65.
 - If this is not already in place it will be automatically added at checkout.
- All program fees listed do not include the Skate Canada fee or applicable taxes.
- There are no pricing prorations.
- There is a \$30 +GST administration fee for any changes to registered skating times.

Program	Details	Cost
CanSkate/Advanced PRESTAR/Supernovas	<ul style="list-style-type: none"> • Weekly Registration Weeks 2 -9 • Monday – Thursday 6-6:45 pm 	\$82 per week
U9&U11 Hockey/ U10&U12 Ringette Group Power Skating	<ul style="list-style-type: none"> • Weekly Registration Weeks 8 & 9 • Monday – Thursday 7:30-8:15 pm 	\$82 per week
Elite Group Package	<ul style="list-style-type: none"> • Weekly Registration Week 1 – Tuesday July 2- Friday July 5 Weeks 2 – 9 Monday - Friday	\$204 Week 1 \$255 per week Weeks 2-9
Senior Group Package	<ul style="list-style-type: none"> • Weekly Registration Week 1 – Tuesday July 2- Friday July 5 Weeks 2 – 9 Monday - Friday	\$204 Week 1 \$255 per week Weeks 2-9
Intermediate Group Package	<ul style="list-style-type: none"> • Weekly Registration Week 1 – Tuesday July 2- Friday July 5 Weeks 2 – 9 Monday - Friday	\$152 Week 1 \$190 per week Weeks 2-9
Options available for separate purchase	Weekly Registration <ul style="list-style-type: none"> • All Levels or STAR 1 - Gold options Seasonal <ul style="list-style-type: none"> • All Levels options All Levels 7:30 – 8:15 pm Weeks 1 – 7 only	\$12 per session
Drop In Buy-On 45-minute Sessions	<ul style="list-style-type: none"> • See Drop In-Buy on Ice information Page 6 	\$17 per session



15-Minute Lesson Ice Tickets	<ul style="list-style-type: none"> See 15-Minute Lesson Ice Tickets information below 	\$5 per ticket
Lockers	<ul style="list-style-type: none"> Subscription effective until June 30 2025 	\$25

Drop In-Buy on Ice

All Levels and STAR 1 – Gold sessions are available for “drop-in”.

All Levels drop-in registration is available under the weekly registration, not the seasonal registration.

To buy a drop-in session follow the instructions below:

1. Log into your Skate Saskatoon account.
2. On the Registration Tab click on “Calendar View”.
3. Any options that are available for drop-in will have an icon with an arrow in the top right-hand corner of the calendar box.
4. Click on the option for the session you wish to purchase, and from the pop-up menu select DROP IN.
5. Select the participant from the drop-down menu and date(s) desired to DROP IN, only dates selected and purchased in this manner are acceptable, **no swapping of DROP In purchases for different dates.**
6. Click “ADD” to add the DROP IN purchases to your cart.
7. Programs that do not allow for drop-in will not have the icon.

Notes:

- Skaters must have the 23-24 Skate Canada membership. If this is not already in place it will be automatically added at checkout. See Page 5 for further information.
- Skaters must be at the appropriate level for the session they are buying.
- Must be purchased prior to skating.

15-Minute Lesson Ice Tickets

- Must be in a private lesson to use this ticket – private coaching fees not included
- Must have a current week registration in group lessons in the same week
- 15-minute tickets must be purchased prior to usage
- Coach, date, and option number are required to be completed in order to finalize the purchase
- Maximum TWO tickets per day
- Only valid on All Levels Options
- Only valid for skaters below STAR 3
- Tickets expire at the end of the current season



Ice, Registration and Attendance Rules

1. Skaters who have not yet **PASSED** the complete STAGE 3 of CanSkate **MUST** also be registered in group lessons in the same week to be eligible for non-group programming (private lessons), including using 15-minute lesson ice tickets.
 - Skaters who have not yet passed Stage 3 of CanSkate are required to be in a lesson while on the ice (private or group).
 - Exception: Skaters registered in U7, or older hockey are eligible for All Levels sessions provided they are in a lesson (for the entire time they are on the ice), without having passed CanSkate STAGE 3, but are not eligible for 15-minute lesson ice tickets unless also registered in a Skate Saskatoon Group Program in the same week.
2. Parents are not allowed in the ice area or off ice room without instructor permission. Parents are not allowed to provide instruction to a skater from the viewing gallery. Interrupting focus during a moving session is considered dangerous.
3. Only skaters and coaches or authorized persons may enter the music room. Parents are not allowed.
4. All skaters must follow session music rules:
 - a. Each Coach is allowed 1 solo per 15 minutes of Freeskate session. If solo has been stopped, the skater loses their privilege and will have to move to the back of the line to have their music played again.
 - If more than one coach is requesting solo music, a skater not in a lesson will be permitted to play their music in-between the two lesson solos.
5. No program should start within two minutes of the session's end time. All the solos should have a time commitment. Skaters should be allowed to finish their program.
6. Right away on the ice
 - Run through soloist with music playing
 - Private lessons
 - Skaters competing
7. Skaters must not enter the ice prior to the session start time and must exit the ice at the time the session ends.
8. No food or drink (except water bottles) permitted in the ice or off ice areas.
9. No swearing, temper tantrums or improper behavior during any sessions or in the building.
10. No standing or grouping on ice.
11. Do not put others at risk by kicking or lying on the ice. Do not stand or coast in the middle of the ice. Be aware of other skaters and the pace of the session.
12. No tying skates on the ice session. Head down is considered dangerous.
13. No Earbuds or headphones are permitted on the ice (Exception: Skate Canada coaches using them to choreograph programs, NOTE: the coach can wear the earbud, NOT the skater).
14. Any skaters skating on a session without proper registration will be asked to leave the session immediately.
15. No swapping or exchanging sessions.
16. All Levels, CanSkate and Adult sessions: Hockey or Figure skates
 - All other sessions require figure skates.
17. Private Group lessons
 - Maximum of 4 skaters per coach, Skate Saskatoon coaches only
 - Maximum of 2 skaters per coach, non-club coaches
18. Pairs/Dance is permitted on sessions with fewer than 10 registered skaters (including the pair/dance team).



19. Director of Skating has the right to place a skater on another session or different package due to skater's competitive record, skater's work ethic or skater's technical ability.
20. On ice and Off ice group lesson instructors have the right to dismiss skaters for lateness or disruptive behavior.
21. Skate Saskatoon reserves the right to revoke privileges of participants who do not follow guidelines or policies.
22. Skate Saskatoon reserves the right to modify or cancel programs or options at any time. Skate Saskatoon will provide as much cancellation notice as possible via email, the website and on social media. Please ensure your Uplifter account settings allow emails from Skate Saskatoon.
23. Skate Saskatoon is not required to provide makeup sessions or refunds for sessions missed as a result of unforeseen circumstances.
24. A Skate Canada Coach, plus at least one skater, must be in the building for the session to occur. Skater(s) must exit the ice if this requirement is not met. No refunds or make up sessions are provided.
25. BYOC – Bring Your Own Coach (must be Skate Canada Accredited Coach in good standing). Non-Skate Saskatoon coaches must request permission to coach BYOC sessions by emailing office@skatesaskatoon.com. Failure to do so may result in revoking permission on future BYOC Skate Saskatoon sessions.
26. For CanSkate, Advanced PreSTAR and Supernovas group lessons, parents/guardians or designated supervising adults are responsible for their child(ren) at all times when they are not in group lessons, including before and after their scheduled group lesson. Parents/guardians or designated supervising adults must remain at the skating facility during the group lesson, in the event that the child requires assistance.
27. Skate Saskatoon welcomes children spectators to build interest in the sport. Children spectators must be supervised at all times.

Important Dates:

Monday July 1 Canada Day – Closed

Monday August 5 Saskatchewan Day - Open

Closed on Saturdays and Sundays in July and August

Assessment Day(s) to be announced



Skate Saskatoon Schedule Summer School 2024 - July 2 - August 30 2024									
Time	Elite		Senior		Intermediate		Time	Ice Schedule	Hall Schedule
	On Ice	Off Ice	On Ice	Off Ice	On Ice	Off Ice			
7:30							7:30	All Levels	
7:45							7:45	All Levels	
8:00		Warmup					8:00	All Levels	Elite-warmup
8:15		Warmup					8:15	All Levels	Elite-warmup
8:30		Tie Skates					8:30	Flood	
8:45	Group						8:45	Elite-Grp	
9:00	Group						9:00	Elite-Grp	
9:15	FreeSkate						9:15	Elite-FS	
9:30	FreeSkate			Warmup			9:30	Elite-FS	Senior-warmup
9:45	FreeSkate			Warmup			9:45	Elite-FS	Senior-warmup
10:00		untie skates		Tie Skates			10:00	Flood	
10:15			Group				10:15	Senior-Grp	
10:30			Group				10:30	Senior-Grp	
10:45			FreeSkate				10:45	Senior-FS	
11:00		Class	FreeSkate				11:00	Senior-FS	Elite-Class
11:15		Class	FreeSkate				11:15	Senior-FS	Elite-Class
11:30		Class	FreeSkate				11:30	Senior-FS	Elite-Class
11:45		Tie Skates		untie skates			11:45	Flood	
12:00	FreeSkate			Class			12:00	Elite-FS	Senior-Class
12:15	FreeSkate			Class			12:15	Elite-FS	Senior-Class
12:30	FreeSkate			Class			12:30	Elite-FS	Senior-Class
12:45	FreeSkate			Tie Skates			12:45	Elite-FS	
1:00			FreeSkate			Class	1:00	Senior-FS	Int.-Class
1:15			FreeSkate			Class	1:15	Senior-FS	Int.-Class
1:30			FreeSkate			Class	1:30	Senior-FS	Int.-Class
1:45						Tie Skates	1:45	Flood	
2:00					Group		2:00	Int-Grp	
2:15					Group		2:15	Int-Grp	
2:30					FreeSkate		2:30	Int-FS	
2:45					FreeSkate		2:45	Int-FS	
3:00					FreeSkate		3:00	Int-FS	
3:15							3:15	Flood	
3:30							3:30	Elite/Senior/Inter Flex	
3:45							3:45	Elite/Senior/Inter Flex	
4:00							4:00	Elite/Senior/Inter Flex	
4:15							4:15	STAR 1 - Gold	
4:30							4:30	STAR 1 - Gold	
4:45							4:45	STAR 1 - Gold	
5:00							5:00	All Levels	
5:15							5:15	All Levels	
5:30							5:30	All Levels	
5:45							5:45	Flood	
6:00							6:00	CANSkate/ Adv.	
6:15							6:15	PreSTAR / SuperNova	
6:30							6:30	Mon - Thurs Wks 2 - 9	
6:45							6:45	All Levels	
7:00							7:00	All Levels	
7:15							7:15	All Levels	
7:30							7:30	All Levels Wks 1- 7	
7:45							7:45	Power Skating Wks 8-9	
8:00							8:00	7:30 - 8:15	